

### STARTING 3RD FEBRUARY!



# INCLUSIVE

# SPORTS

# & EMPLOYABILITY PROGRAME



## JOIN US!





Suitable for individuals 18+
with mild learning disabilities,
neurodiversity, SEN,
additional needs.

Stay fit & healthy

Have fun

Meet friends

Learn skills and gain confidence through sport to help build the foundations to gain future volunteering or work opportunities in sport.

Visiting industry professionals and signposting to organisations that can help find future opportunities.

## Mondays 11:30am-2pm

Term time for 24 weeks starting 3/2/25

Grovehill Adventure Playground Hemel Hempstead Herts HP2 7BA

### Indoor & Outdoor Activities







Get in touch to discuss joining the programme:



contact@inclusiveunited.co.uk



07746 155110



www.inclusiveunited.co.uk